

# MEDS: Building Models and Tools in a Reproducible Health AI Ecosystem

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## Abstract

Health AI suffers from a systemic reproducibility crisis that irreparably hinders research across both academia and industry [4, 5]. One key tool poised to solve this crisis is the Medical Event Data Standard (MEDS), a comprehensive data format and open-source ecosystem designed to enhance reproducibility and interoperability of AI research using longitudinal Electronic Health Records (EHR) [6]. Currently adopted by over 15 institutions globally, MEDS encompasses various open-source tools, published models, and data processing pipelines, enabling streamlined model development and robust benchmarking.

In this tutorial, participants will gain key hands-on experience in working with the MEDS format to perform efficient, reproducible, state-of-the-art AI research over real health data. Participants will transform data into the MEDS format, preprocess data, build predictive models, and contribute to the decentralized MEDS-DEV benchmarking platform. Interactive exercises using Jupyter notebooks will provide hands-on experience and practical skills for reproducible health AI research. Attendees will leave equipped

with practical knowledge to use the MEDS schema and ecosystem of open source tools to build reproducible, state-of-the-art AI models.

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## 1 Target Audience and Prerequisites

This tutorial is designed for researchers from academia and industry working with longitudinal EHR data. Participants should have basic to intermediate familiarity with Python, Jupyter notebooks, EHR data structures, Python data science libraries (e.g., PyTorch, pandas, polars), and both foundational and more modern machine learning concepts such as binary classification, the area under the receiver operating characteristic (AUROC), and pre-training/fine-tuning/“foundation model” learning paradigms.

## 2 Tutorial Goals

Attendees will learn to:

- Understand MEDS data standards and interoperability.
- Convert datasets to the MEDS format.

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- Utilize MEDS-compatible tools, such as ACES [14], MEDS-Transforms, MEDS TorchData, MEDS-Evaluation, and MEDS-Tab [9].
- Develop, train, and evaluate state-of-the-art AI models.
- Contribute to and leverage the MEDS-DEV platform for reproducible benchmarking.

### 3 Tutorial Structure

The tutorial opens with a brief introduction and interactive participant survey to identify attendees' backgrounds and interests. Next, we explore the reproducibility crisis in health AI and demonstrate how MEDS addresses these issues by standardizing data practices and promoting interoperability.

Participants will gain a deep understanding of the MEDS schema, its design principles, and its compatibility with existing data formats through interactive discussions and Q&A sessions.

Attendees will engage in hands-on activities transforming raw datasets into MEDS format, specifically utilizing the MIMIC-IV demo dataset [3]. They will interact with MEDS ETL templates and receive references to similar resources for additional datasets like eICU [11], AUMCdb [1], and NWICU [7].

The ACES configuration language [14] will be introduced to extract predictive tasks, accompanied by interactive exercises. Building on these steps, participants will build predictive models, encompassing data preprocessing (normalization, tokenization, tensorization), model planning, and implementation in PyTorch. They will gain practical experience by training demo versions of their models over real MEDS demo datasets and see how to evaluate models using standardized methodologies.

The tutorial concludes with exploring MEDS-DEV's decentralized benchmarking capabilities. Attendees will also explore how to run other MEDS-ready models, such as MEDS-Tab [9], CEHR-BERT [10], GenHPF [2], MOTOR [13], CORE-BEHRT [8], and ETHOS [12]. The session ends with group discussions on predictive task definitions, benchmarking validity, and contributions to the MEDS ecosystem.

### 4 Societal Impacts

This tutorial directly addresses reproducibility challenges in health AI, promoting transparency, interoperability, and reliability. By adopting MEDS standards and accessible, robust tools, researchers

can accelerate health AI advancements, improve patient outcomes, and facilitate equitable healthcare solutions globally.

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